

## **COMMUNITY ALTERNATIVES PROGRAM (CAP)**

### What is the Community Alternatives Program?

CAP is Medicaid program that serves as an alternative to nursing home placement for disabled adults. CAP exists to supplement rather than replace the formal and informal services and support already available to an individual. The program goal is to enable individuals to remain in their homes and live as independently as possible.

### Requirements for CAP/DA

- ❑ You must be 18 years of age or older
- ❑ You must be eligible for full benefit Medicaid
- ❑ You must be at risk of being placed in a nursing facility, or live in a nursing facility and desire to return home
- ❑ You must require nursing facility care (IC or SN) as determined by the Medicaid prior approval process
- ❑ You must require CAP services to remain safely in the home
- ❑ You must be able to have your health, safety, and well-being maintained at home within the Medicaid cost limits
- ❑ You must desire to have CAP services instead of institutional care

### How to apply for CAP services

Apply at the Caldwell County Department of Social Services, Mon-Fri, 8am to 5pm. You may also apply over the phone at 426-8200. If you are not covered by Medicaid, you will have to apply for Medicaid first.

### Benefits of CAP services

Actual benefits are determined by a case manager and may vary depending on client's needs, but may include:

- ❑ An In-home aide to assist with personal care and other tasks
- ❑ Home visits from a registered nurse
- ❑ Case Management by a CAP Case Manager
- ❑ Home Mobility Aides (wheelchair ramps, hand held showers, non-skid surfaces)
- ❑ CAP Waiver Supplies (incontinence supplies, nutritional supplements, pill boxes)
- ❑ Telephone Alert
- ❑ Respite Care